



# BULLETIN DIVINE LIGHT

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*"Love the Lord your God with all your heart and with all your soul and with all your strength and with all your mind, and, Love your neighbor as yourself."*

*This bulletin  
is produced by*

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TUESDAY  
- Self Knowledge Group  
(English Study)  
7:30 - 8:30 PM

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## FAMILY CHALLENGES

*"In the spirit world, spirits form groups or families united by affection, sympathy and similar inclinations" (The Gospel According to Spiritism, Chapter 4, item 18)*

Living as a family is both a great challenge and an important lesson all in one. Families are not simply groups of people - they are gatherings of reincarnated spirits with pre-established plans of spiritual evolution.

Our Father God placed His children in small groups called homes, and made it a necessity to live together as a family, because we are still incapable of loving every human being the way we love ourselves. He did this so we could learn how to love the neighbor that is closest to us.

Our biological family is like "a miniature version of mankind; a micro-humanity." Living with few or several people later affords us the opportunity to live amongst the most varied kinds of people. A life of quality with all people on Earth begins by training with the ones we have at home. We don't always have the family we like, in other words people who are generous, tranquil, and understanding. We are born alongside spirits who need one another. In a family environment we are going to reconcile with those who had previous differences or disdain. In this way, the home is a true school where one has the chance to evolve spiritually.

When we truly love our children, our hearts become tender towards the children of others. When we develop deep love for our parents and grandparents, we feel the same for every elder crossing our path. Little by little we extend our ties of affection, in hopes that some day those same ties might extend through all mankind. Across many physical existences by way of the Law of Reincarnation, we will solidify these affectionate ties with a great number of spirits, and in time we might even be born under the same roof. This way our spiritual family will grow larger and with each new reincarnation our ties of affection will only grow stronger.

Each member of our family is like a precious stone God gave us to polish. Home is where we'll find whom we need to harmonize. In this environment we build up strengths, safety and peace, all the necessary things to deal with life's challenges. It's very important to fully accomplish our family commitments. Never give away the responsibilities you were tasked to accomplish with the people living in the same domestic nest. If we leave these tasks unfinished we are likely to return, albeit in different situations, to once again take on the construction of what was left interrupted. We must begin practicing noble feelings at home, starting with the conscious acceptance of the people who surround us. They are the greatest test of our indulgence, tolerance, patience, forgiveness and love. It's true that some times we feel the heavy load of work, responsibility and even ungratefulness from those who share our home. Rest assured that during these difficult hours, Angels are always close to our hearts, helping to lessen our pain and to wipe away our tears. If we must suffer with our families, let us suffer with patience; may we love without expectation, may we support without waiting for anything in return. We must work to make harmony, union and love a constant in our family lives.

Heed Christ's recommendation, "Love thy neighbor as thyself." Our family is our closest neighbor.

*Research Book: "Desafios da Vida Familiar" by the spirit Camilo, psychography of Raul Teixeira*